



To provide a listening ear, warm heart and a helping hand to those who need it.

‘Think equal, build smart, innovate for change’ ....#balanceforbetter

“We cannot always build the future for our youth, but we can build our youth for the future.” *Franklin D. Roosevelt*

House of Sarah besides working with women has extended its horizon to working with the young people in the Anglican Church. On the 16<sup>th</sup> of March this year, House of Sarah began with commemorating International Women’s Day at St Christopher’s Church in Naulu. Twenty youths both females and males from different parishes attended. Reverend Dr Carmen Scheuerman from Daivuilevu Theological College facilitated the workshop.

The purpose of the workshop was mainly to educate the young people on human rights, gender based violence and above all what the Bible says about the above-mentioned issues. The workshop also was to help build the youths for their future and help them change their beliefs and attitudes on gender based violence.



*Commemoration of International Women’s Day by Anglican Youths.*

The following are some of the feedbacks from the youths who attended the workshop:

“Rev Carmen’s words were so powerful. She encouraged me as a Christian and as a young woman. She reminded us that life is not a bed of roses it comes with a few thorns but we should always trust God. Rev Carmen helped me gain my self-confidence through her teaching about Mary Magdalene and how as young women we can bring about change.” **Charlotte Krishna**

“I was very honored as a young man to be part of the commemoration of International Women’s day. I thought I knew it all but this workshop actually opened my eyes, I learnt a lot and with me I took back a lot of important and interesting ideas that I am going to share with my fellow friends especially about gender equality (think equal) and gender based violence.” **Napolioni Seru.**



*Commissioning of Sarah Carers at St Johns Wailoku: From left to right (Lay Minister-Samu Viaviaturaga, Rev Latileta Tuiwaiwai, Sarah Carer- Latileta Talemaitoga, Volunteer HoS- Rutendo Felistas Mahachi, Sarah Carer Support link- Christina Tearawa, Rev Mereti Rabonu and Rev Vilive.)*

**My Personal Experience as a Sarah Carer**

When I was asked to attend the Sarah Carer Workshop to replace someone who could not attend, I could not have imagined what was in store for me and how it has enriched my life. Learning through participating, sharing, group discussions and listening to real life stories made me realize how comfortable I was in my own situation with little regard to my sisters and innocent children being violated and abused.

It has made me more aware of those around me who may need my help through providing a listening ear, a warm heart and extending a helping hand to those who are facing difficulties in their relationships. I have learnt to appreciate being blessed with a good life, a good and loving husband and family. I am so grateful for the training I have received. I have gained the knowledge and skills I need to help those that need help and encouragement.

Being blessed and commissioned on 3 March 2019 in my Parish Church of St. Thomas in Labasa is a great boost for me. It has given me more confidence knowing that I have the support and encouragement of the Church, which will enhance my role and responsibilities as a Sarah Carer in my Community.

Vinaka!  
Tute Fung.



*Commissioning of Sarah Carers at St Matthews Nabua: From left to right( Sarah Carer Support link-Christina Tearawa, Father Prasad, Sarah Carer- Esita Vuki, Sarah Carer-Christabel Shobna, Vicar General Orisi Vuki and Rev Mereti Rabonu.*

During the month of March 2019, six (6) Sarah Carers were commissioned: Esita Vuki and Shobna Christabel at St Matthew’s, Vuli Kelo at St Paul’s Naviavia, Tute Fung and Elisapeci Nailuva St Thomas Labasa and Latileta Talemaitoga St John’s Wailoku.

**Training of New Sarah Carers**



*New and old Sarah Carers after the Planning workshop at M.A.S.T.*